

Calvin Swim Club 2019-2020 Winter Season Details

Calvin Swim Club is coached by current Calvin University swim team members. Our goal is to provide a structured training environment that provides a combination of instruction, fitness, and fun. Calvin Swim Club is a member of the WMSL (West Michigan Swim League) and USA Swimming. We participate in 3-4 dual meets and a championship meet at the end of the season. The dates of these competitions are still TBD and will be communicated with parents at the beginning of the season.

Practice Information

8&Under Group

Monday, Wednesday, Thursday

6:15pm-7:00pm

- The 8&Under group will practice from 6:15pm-7:00pm. The practice time will be split up into approximately 15 minutes of dryland, skills and instruction (appropriate movement skills that will translate to the water), and 30 minutes of focused swimming encompassing stroke technique and fitness.

9&Over Group

Monday, Wednesday, Thursday

7:00pm-8:00pm

- The 9&Up group will practice from 7:00pm-8:00pm. The practice time will be split up into approximately 15 minutes of dryland, skills, and instruction (appropriate movement skills that will translate to the water), and 45 minutes of focused training encompassing stroke technique, fitness and aerobic endurance.

Practice Schedule

- October 21, 23, 24, *26, 28, 30, 31
- November 4, 6, 7, 11, 12, 14, 18, 20, 21, 25
- December 2, 4, 5, 9, 11, 12, *14, 16
- January 8, 9, 13, 15, 16, 20, 21, 23, 27, 29, 30 (meets will be on Saturdays)
- February 3, 5, 6 (championships meets will be held during the 1st and 2nd weekend of February)

*Please note that both age groups practice on the same days but at different times of the day. This is a change from past seasons.

***Saturday Practices**

We will have a couple opportunities to practice on Saturday, however, the Saturday practice schedule is always subject to change due to the college and high school schedules. When we do have a Saturday practice, the 9&Up group will practice for 1 hour from 10am-11:00am while the 8&Under group will practice from 11:00am-11:45am.

Practice Cancellations

Calvin Swim Club coaches will alert club members of any practice/meet cancellations via email. These cancellations will also be posted on the club website. Please note that if Calvin University is closed due to winter weather, club swim practice will also be cancelled.

Swim Meet Information

Winter season swim meets take place on Saturdays in the month of January. Competition times and locations are to be determined and will be published as soon as they are announced. Most winter season dual meets are held in the morning. The championship meet is typically the 1st and 2nd week in February depending on which meet the swimmer qualifies for.

Club Website

The team website is the information hub for the Calvin Swim Club. On it, you'll find access to the current season calendar, meet registration forms and information packets, athlete registration, and a team store where you can purchase custom Calvin Swim Club gear. The website also hosts a news feed that acts as a platform for getting out important information to members including practice cancellations, meet scheduling changes, registration deadlines and other important event dates.