

Integrity, Inclusion, Education, Excellence

2024 WMSL Winter "A" Meet

Hosted By: West Michigan Swim and North Kent Aquatics Team February 16 and 17, 2024

Approval – This meet is approved by Michigan Swimming, Inc. (MS), as a timed final meet on behalf of USA Swimming (USA-S), Approval Number **MIAP2324079.** In granting this approval it is understood and agreed that USA Swimming, Inc. and Michigan Swimming, Inc. shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. MS rules, safety, and warm up procedures will govern the meet as if fully set forth in these meet rules.

Minor Athlete Abuse Prevention Policy Acknowledgement - All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition. There will be at least two safety marshals at this competition, with at least one of each gender.

Location - Friday - Zeeland Natatorium/ Zeeland West High School 3390 100th Ave. Zeeland, MI 49464

Saturday - Northview High School 4451 Hunsberger Ave NE Grand Rapids, MI 49525

Times -

Friday Afternoon (13 & Over) Warm up: 4:30 pm Meet Start: 6:00 pm Saturday Morning (12 & Under) Warm up: 8:00 am Meet Start: 9:30 am

Facilities -

Zeeland Natatorium is a 10 lane, 25 yard pool with a diving well which will be available for supervised warm-up and warm down. Depth at start is 8" and 9" at turn. Permanent starting blocks and non-turbulent lane markers will be used. Colorado timing with a 10 lane display will be used. There is ample balcony seating for spectators. Lockers are available, please provide your own lock. Public phones will be available.

Northview High School Pool is an 10 lane pool with a supervised warm-up and warm down area available. Depth at start is 7'6" and 7'6" at turn. Permanent starting blocks and non-turbulent lane markers will be used. Colorado timing system with an 10-lane display will be used. There is ample balcony seating for spectators. Lockers are available (provide your own lock). Public phones will not be available.

Course Certification – Both competition courses have not been certified in accordance with 104.2.2C(4)

Meet Format - The WMSL Winter A Championship is an age group meet where swimmers are separated into the following age groups: 8 & Under, 9-10, 11-12, 13-14, and 15 & Over. 12 & Under swimmers will swim on Saturday morning and 13 & Over will swim on Friday afternoon.

Eligibility - All athletes who have participated in a WMSL meet and meet the qualifying time as required are eligible to participate in this meet.

Entry Procedures - Entries may be submitted to the Administrative Official as of **Friday, January 26, 2024 at 6:00pm.** The Administrative Official must receive all entries no later than **Thursday, February 8, 2024 at 6:00pm**. Entries for USA registered athletes must include correct swimmer name (as registered with US/MS Swimming) and date of birth in order for their entry times to be loaded into the SWIMS database. All individual entries should be submitted via electronic mail at the e-mail address listed in the last section of this meet information packet.

Entry Acceptance and Processing - Entries will be accepted and processed on a first come, first served basis in the order in which they are received after the entry open date listed above.

Individual Entry Limits - Swimmers may be entered in up to 2 individual events and 2 relays events, but not more than 4 total.

Entry Fees – There are no entry fees for this meet.

Surcharges - A \$1.00 per athlete Michigan Swimming athlete surcharge applies.

Paper Entries - MS rules regarding non-electronic entries apply. Any surcharges detailed in the previous section also apply to paper entries. Paper entries may be submitted to the Administrative Official on a spreadsheet of your choice however, the paper entry must be logically formatted and must contain all pertinent information to allow the Administrative Official to easily enter the swimmer(s) in the correct events with correct seed times.

Refunds - Once a team or individual entry has been received and processed by the Administrative Official there are no refunds in full or in part unless the "over qualification exception" applies (see MS Rules).

Entry Paperwork - Your club's Entry, Entry Summary Sheet, and Check should be sent via U.S. mail or nationally recognized overnight courier to:

West Michigan Swimmers 3390 100th Ave Zeeland, MI 49464

Check In - Check in will be required. Check in will be available 30 minutes prior to start of warm-up. Failure to check in will cause the swimmer to be scratched from all events in that session. Check in will close 15 minutes after the start of warm up for each session. Check in sheets will be posted in the hallway outside the locker rooms.

Marshaling - Self-Marshaling will be used for all swimmers. Heat sheets will be posted around the pool after check-in closes and seeding is complete.

Seeding - Seeding will be done after check in closes. Swimmers who fail to check in for an event will be scratched from that event. All events are timed finals and will be seeded slowest to fastest.

Deck Entries - Deck entries will **not** be allowed.

Meet Programs/Admissions - Admission is \$5.00 per adult and \$3.00 for children 5 & over. Meet programs will be \$2 for each day at each pool.

Scoring - Team Scores will be kept/points will be awarded for the top 16 times as follows:

Individual events: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1

Relay events: 40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2

Awards - Awards for 1st – 8th place.

Results - Complete Official meet results will be posted on the Michigan Swimming Website at http://www.miswim.org/. Unofficial results will also be available on flash drive (HY-TEK Team Manager result file) upon request. Teams must provide their own flash drive.

Concessions - Food and beverages will be available in the concession stand. No food or beverage will be allowed on the deck of the pool, in the locker rooms or in the spectator areas. A hospitality area will be available for coaches and officials.

Lost and Found - Articles may be turned in/picked up at the pool office. Articles not picked up by the end of the meet will be retained by the Meet Director or a representative for at least 14 days (any longer period shall be in the sole discretion of the Meet Director).

Swimming Safety - Michigan Swimming warm up rules will be followed. To protect all swimmers during warm-ups, swimmers are required to enter the pool feet first at all times except when sprint lanes have been designated. No jumping or diving. The same rules will apply with respect to the warm-down pool and diving well. Penalties for violating these rules will be in the sole discretion of the Meet Referee which may include ejection from the meet.

Racing Start Certification - Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Deck Personnel/Locker Rooms/Credentialing - Only registered and current coaches, athletes, officials and meet personnel are allowed on the deck or in locker rooms. Access to the pool deck may only be granted to any other individual in the event of emergency through approval by the Meet Director or the Meet Referee. The Michigan Swimming Board of Directors, Officials Chairs of MS, and the Michigan Swimming Office staff are authorized deck personnel at all MS meets. Personal assistants/helpers of athletes with a disability shall be permitted when requested by an athlete with a disability or a coach of an athlete with a disability.

All individuals seeking access to the pool deck must show a valid digital USA Swimming membership card reflecting good standing in order to receive a deck credential. The credential must be displayed at all times during the meet and will include the host team name as well as the function of the individual being granted access to the pool deck (Coach, Official, Timer, or Meet Personnel). In order to obtain a credential, Coaches and Officials must be current in all certifications through the final date of the meet. Meet personnel must return the credential at the conclusion of working each day and be reissued a credential daily.

All access points to the pool deck and locker rooms will either be secured or staffed by a meet worker checking credentials throughout the duration of the meet.

Swimmers with Disabilities - All swimmers are encouraged to participate. If any of your swimmers have special needs or requests, please indicate them on the entry form and with the Clerk of Course and/or the Meet Referee during warm ups.

First Aid - Supplies will be kept in the pool office.

Medical Supervision - Lifeguards and an AED device will be available to all athletes participating in this competition.

Facility Items

- (A) No smoking is allowed in the building or on the grounds of any facility listed above.
- (B) Pursuant to applicable Michigan law, no glass will be allowed on the deck of the pool or in the locker rooms.
- (C) No bare feet allowed outside of the pool area. Swimmers need to have shoes to go into the hallway to awards or concessions.
- (D) An Emergency Action Plan has been submitted by the Host Club to the Safety Chair and the Program Operations Chair of Michigan Swimming prior to approval of this meet and is available for review and inspection at the pool office.
- (E) To comply with USA Swimming privacy and security policy, the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- (F) Deck changing, in whole or in part, into or out of a swimsuit when wearing just one suit in an area other than a permanent or temporary locker room, bathroom, changing room or other space designated for changing purposes is **prohibited**.
- (G) Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

General Information and Errors/Omissions - Any errors or omissions in the program will be documented and signed by the Meet Referee and available for review at the Clerk of Course for Coaches review. Information will also be covered at the Coaches' Meeting.

Meet Personnel

Zeeland

Meet Director - Dana Durham, westmiswimmers@gmail.com

Meet Referee - Adam Forbes, forbesajswim@gmail.com

Safety Marshal - Sara Stevens

Administrative Official - Jen Huyser, jhuyserao@gmail.com

Northview

Meet Director - Annemarie Lebioda, <u>annemarie.lebioda@pnc.com</u>

Meet Referee - Adam Forbes, forbesajswim@gmail.com

Safety Marshal - Terri Eudy, teudy@nvps.net

Administrative Official - Jen Huyser, jhuyserao@gmail.com

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Friday, (13 & Over)

Zeeland Natatorium, Zeeland West

Warm-up 4:30 pm Check-in closes 4:45 pm Meet Starts 6:00 pm

Girls	Age	Description	Age	Boys
1	13-14	200 Med Relay	13-14	2
3	15 & Over	200 Med Relay	15 & Over	4
5	13-14	200 Freestyle	13-14	6
7	15 & Over	200 Freestyle	15 & Over	8
9	13-14	100 IM	13-14	10
11	15 & Over	200 IM	15 & Over	12
13	13-14	50 Freestyle	13-14	14
15	15 & Over	50 Freestyle	15 & Over	16
17	13-14	50 Butterfly	13-14	18
19	15 & Over	100 Butterfly	15 & Over	20
21	13-14	100 Freestyle	13-14	22
23	15 & Over	100 Freestyle	15 & Over	24
25	13-14	100 Backstroke	13-14	26
27	15 & Over	100 Backstroke	15 & Over	28
29	13-14	100 Breaststroke	13-14	30
31	15 & Over	100 Breaststroke	15 & Over	32
33	13-14	200 Free Relay	13-14	34
35	15 & Over	200 Free Relay	15 & Over	36

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Saturday, (12 & Under) Northview High School

Warm-up 8:00 am Check-in closes 8:15 am Meet Starts 9:30 am

Girls	Age	Description	Age	Boys
37	8 & Under	100 Med Relay	8 & Under	38
39	9-10	200 Med Relay	9-10	40
41	11-12	200 Med Relay	11-12	42
43	9-10	200 Freestyle	9-10	44
45	11-12	200 Freestyle	11-12	46
47	9-10	100 IM	9-10	48
49	11-12	100 IM	11-12	50
51	8 & Under	25 Freestyle	8 & Under	52
53	9-10	50 Freestyle	9-10	54
55	11-12	50 Freestyle	11-12	56
57	8 & Under	25 Butterfly	8 & Under	58
59	9-10	50 Butterfly	9-10	60
61	11-12	50 Butterfly	11-12	62
63	8 & Under	50 Freestyle	8 & Under	64
65	9-10	100 Freestyle	9-10	66
67	11-12	100 Freestyle	11-12	68
69	8 & Under	25 Backstroke	8 & Under	70
71	9-10	50 Backstroke	9-10	72
73	11-12	50 Backstroke	11-12	74
75	8 & Under	25 Breaststroke	8 & Under	76
77	9-10	50 Breaststroke	9-10	78
79	11-12	50 Breaststroke	11-12	80
81	8 & Under	100 Freestyle Relay	8 & Under	82
83	9-10	200 Freestyle Relay	9-10	84
85	11-12	200 Freestyle Relay	11-12	86